



LARA SPA

LE DOMAINE DES SOINS ET RITUELS D'EXCELLENCE

ALSACE

2025-2026 Rates

-
-  Monday to Sunday, 10 a.m. to 7 p.m.
 -  03 89 28 83 98
 -  Hôtel Spa Les Violettes in Jungholtz
 -  www.laraspa.fr



The packages

The revitalizing break

- Unlimited access to the spa from 10am to 7pm
- A 60-minute Californian massage
- Three-course menu (excluding drinks)

220€

(excluding Saturday evening)

The relaxation moment

- Unlimited access to the spa from 10am to 7pm
- A 30-minute Californian massage
- Three-course menu (excluding drinks)

180€

(excluding Saturday evening)



Day spa and massage with candle

- Unlimited access to the spa from 10am to 7pm
- A 45-minute candle massage
- Three-course menu (excluding drinks)

200€

(excluding Saturday evening)



My first treatments

We have also thought of the little ones from 4 to 13 years old accompanied by a parent.

My first massage
Relaxing

30
MIN

64€

My first facial treatment
With aloe vera

25
MIN

70€



Kedma Cosmetics

The excellence of Dead Sea minerals

Originating from Israel, Kedma draws its richness from the natural minerals of the Dead Sea, renowned for their purifying, soothing, and regenerating properties. Kedma treatments combine effectiveness, luxurious textures, and sensoriality to enhance the skin and reveal its natural radiance. A unique experience between tradition and refinement.



The world of earth and plants

Douce Angevines is a pioneering French brand of 100% natural cosmetics. Inspired by the wisdom of herbalists, it creates living treatments based on medicinal plants, noble vegetable oils, and essential oils, with no added water.

Each beauty fluid is a vibrant synergy, crafted as a sensory potion, respectful of the skin and the environment.

Poetic, intuitive, and committed, the brand invites you to a holistic, gentle, and conscious beauty.



Fabriqué à la main
Dans le respect du vivant



Aucun additif
Même ceux autorisés en bio



100% plantes et fleurs
Pas de base eau





Our Facial Rituals

Light stopover - signed Kedma

A **radiance boost** treatment, adapted to your skin type, to reveal all the brightness of your complexion. Cleansing, exfoliation, and massage follow one another for fresh, luminous, and revitalized skin.

 Radiance, freshness, hydration

30
MIN

79€

Gentle stopover - signed Kedma

A tailor-made treatment, adapted to your skin type, for a moment of relaxation and well-being. This ritual begins with a **cleansing**, followed by a **scrub** to gently purify. A specific **mask**, before finishing with a **soothing massage**, which awakens your skin's radiance while offering you deep relaxation. Each step is personalized to meet the unique needs of your skin.

 Soothing, comforting

45
MIN

91€

Harmony stopover - signed Kedma

Dive into a moment of absolute well-being with this complete facial treatment, tailor-made to meet the unique needs of your skin. After a **cleansing and deep cleaning**, a **gentle scrub** reveals the complexion's radiance. A **targeted mask** brings comfort and balance, while a **relaxing massage** releases tension and stimulates the skin.



 Precision, balance, radiance

60
MIN

118€

White tea blue flowers - signed Douces Angevines

Relaxing welcome massage for the décolleté and shoulders. Facial wrap with Beauty Tea, exfoliating powder with plants and cereals, aromatic facial massage, warm purifying and oxygenating mask, foot or hand massage, then application of the treatment suited to your skin and eye contour.



 All skin types Relaxing, oxygenating, soothing, moisturizing
 Cleansing, oxygenating, soothing, moisturizing

60
MIN

90€

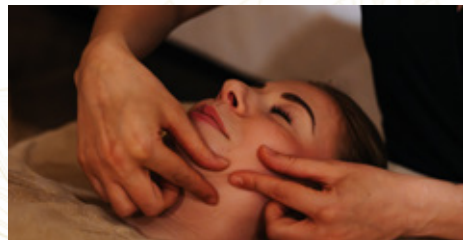
Exceptional 24K Gold Facial Care - signed Kedma

The alliance of luxury and regeneration
Immerse yourself in an exceptional ritual where 24-carat gold reveals all its power. This rare treatment combines an innovative magnetic mask, a relaxing massage and the application of a gold-enriched serum and cream, to offer your skin a true rebirth.

 Skin is radiant, revitalized and visibly smoother and more luminous.
 A suspended moment, between sophistication and effectiveness, to be offered as a beauty treasure.

70
MIN

159€



For an even more personalized experience, add an extra moment to your facial treatment.

Custom wellness touch

Scalp moment - inspired by Douces Angevines

Stimulating and relaxing massage, with application of nourishing oil for revitalized hair.

20
MIN

35€



Eye contour moment - inspired by Kedma

Stimulating massage of the eye contour, followed by a soothing mask for a fresh and rested look.

15
MIN

30€

Sublime beard - inspired by Douces Angevines

A deep cleansing followed by a treatment adapted for the beard, accompanied by a soothing massage for a soft, nourished, and perfectly groomed beard.

10
MIN

25€

Bodily harmony

Personalized body stopover - inspired by Kedma

This treatment allows you to personalize your experience according to your desires and needs. Choose the **parts of the treatment** you want to create your tailor-made wellness moment.

Body scrub with Dead Sea salts

A scrub with Dead Sea salts that removes dead skin cells while nourishing and revitalizing the skin. The mineral properties of these salts leave your skin smooth, soft, and firmed.

20
MIN*

* rinsing included

40€

Wrap of your choice

- **Shea Butter:** A nourishing and soothing wrap that deeply hydrates and softens the skin. Perfect for dry and sensitive skin.
- **Mineral Mud:** A detoxifying and remineralizing wrap that purifies and revitalizes the skin thanks to the virtues of natural mud.

25
MIN*

* rinsing included

45€

Deep relaxing hydration

An intensive moisturizing treatment with nourishing oil, applied with relaxing movements for optimal absorption of active ingredients. The skin becomes nourished, soft, and supple, while providing a feeling of deep relaxation.

30
MIN

50€

You can choose to perform each step individually (except deep hydration) or combine several options according to your wishes.



Stopover at Hawaii Bay - signed Kedma

This back treatment begins with a scrub, followed by a melting shea butter wrap to deeply hydrate and nourish. An energizing massage will complete the treatment. Muscle tension will be eliminated. A physical and mental letting go.



All skin types



The back is relaxed, hydrated, and soft.

45
MIN

89€



In Jasmine's Garden

- signed Douces Angevines

This exfoliation ritual includes gentle brushing, the application of a relaxing citrus oil, and an exfoliating powder sprinkled like a fragrant rain. The rinsing of the whole body is done manually with a warm cloth. This sensory treatment softens and brightens your skin while invigorating your body.

60
MIN

109€



 All skin types

The Bath of Thetis - signed Douces Angevines

A moment of pure sweetness where your feet become royalty.

This enchanting ritual begins with a warm bath with relaxing scents, followed by a plant-based scrub and an ultra-repairing nourishing mask. Between gentle movements, aquatic massage, and enveloping gestures, each step invites you to a deep letting go.

Let yourself be carried away... and leave feeling light, grounded, and rejuvenated.

40
MIN

79€

Face and body harmonization

Herbs and flowers from the garden

- signed Douces Angevines

Relaxing massage of the back, décolleté, neck, and shoulders with citrus scents. Facial treatment using handfuls of herbs for radiance or great softness (depending on your skin type). Invigorating floral scrub. Facial and scalp massage. Warm regenerating mask with massage of the feet, legs, arms, and hands. Face wrap with warm towels. Application of eye contour, lips, and facial care adapted to your skin.

90
MIN

140€

 All skin types. Holistic well-being for body and face, lymphatic drainage, muscle relaxation.

Balinese Stopover - inspired by Kedma

The treatment begins with a creamy scrub to activate microcirculation and oxygenate the tissues. Followed by a shea butter wrap to nourish and soothe the skin. An aloe vera facial treatment to continue the relaxation. To finish with a body massage for total relaxation.

110
MIN

166€

 All skin types
 Nourishes, repairs, and protects the skin of the body and face



Our signature treatment

The Blooming of the Violet 🌸

Dive into a sensory journey where each step allows your energy to unfold.



The treatment begins with a soothing foot immersion in flower-infused water, followed by a gentle scrub and plantar reflexology, for deep grounding like a solid root that prepares you for relaxation and fulfillment.

The revitalizing leg massage boosts circulation, oxygenates the body, and creates a foundation of well-being to fully welcome the energy of the treatment.

The face, precious like a flower in full bloom, is first enhanced by a gentle scrub with delicate textures, which removes impurities and prepares the skin to receive the benefits of the treatment.

Then, a rich and nourishing purple clay mask envelops the face in exquisite softness, bringing radiance and purity. This treatment firms and revitalizes the skin, while providing a sensation of freshness and harmony. Finally, **The Art of Floral Breath**, a tailor-made massage technique created especially for this treatment, enhances your skin, leaving it radiant, while bringing you a feeling of deep serenity.

The warmth of the sun envelops your back in softness thanks to a hot steatite ball and a massage with precious oil.

This final step spreads energy throughout the body and prolongs the feeling of well-being, like a solar caress that soothes and awakens at the same time.



The treatment ends with a **unique final maneuver**, symbolizing the **blooming of the flower**, the release of energies, and a total well-being that accompanies you beyond the session.



A duo experience only

2h30

349 €

Our treatments to share

Well-being cocoon for two

Start with a remineralizing Dead Sea salt scrub. Then let yourself be transported by a Californian massage, soothing to balance your body's energy. Finish with our private jacuzzi, blending the elements to create a sensory escape, accompanied by two glasses of Crémant d'Alsace.



Suitable for all



Harmony, connection, relaxation

85
MIN

240€



Sharing as a Duo

Discover our ultimate relaxation experience for two. Enjoy a relaxing 60-minute candle massage, a sensory experience that soothes and awakens the senses. Then, immerse yourself in a milky bath with rose petals, creating an atmosphere of softness and romance. Then enjoy two glasses of Crémant d'Alsace.



Suitable for all



Romantic, soothing, sensory

85
MIN

239€

Oriental Ritual for Two

Begin with a warm milky bath with rose petals, a sensory immersion to prepare the skin to receive the benefits of the treatments to come.

Then, let yourself be carried away by the authenticity of the ritual with a black soap scrub and kassa glove, an ancestral tradition to deeply purify and exfoliate the skin.

End this sensory journey with an oriental massage with shea butter, an enveloping experience that releases tension and restores inner harmony.



Suitable for all



Escape, purifying, soothing

105
MIN

310€

Jacuzzi

Relax with our 20-minute Jacuzzi session in complete privacy. Enjoy complimentary towels, moisturizing body milk to enhance your skin, and crown this experience with two glasses of sparkling wine. A moment of pure happiness dedicated to relaxation.

 From one to three people

20
MIN

60€

Dive into a bubble of relaxation with our 40-minute Jacuzzi session. A bottle of sparkling wine accompanied by delicious sweets for a touch of indulgence. After your relaxing bath, wrap yourself in softness with body milk and our towels. An experience designed to offer you a total escape from everyday life.

 From one to three people

40
MIN

99€



Private bath

Dive into a sensory escape where the moisturizing benefits of rose petals blend with the delicate softness of milk. Our Milky Bath with Rose Petals nourishes and hydrates your skin, revealing a natural glow. Accompanied by a glass of Alsace sparkling wine per person.

 From one to two people

20
MIN

55€

Our wellness massages

The Californian

The ultimate relaxation to release physical and mental tension. Slow, enveloping stroking movements immerse you in deep relaxation, soothing both mind and body. Treat yourself to a moment of absolute well-being, where every movement transports you to a state of serenity and total relaxation.

20
MIN

58€

30
MIN

75€

45
MIN

89€

60
MIN

120€



Suitable for all



Harmony, connection, relaxation



The Star

A unique approach that stimulates reflex zones on the feet, hands, and head, thus forming a star of well-being. This treatment offers a concentrate of relaxation, rebalancing the body and soothing the mind. Let yourself be enveloped by this sensory experience, where each extremity becomes the starting point for deep relaxation.



Suitable for all



Feet, hands, head

40
MIN

79€

The Amerindian

The warmth of the stones, a source of comfort, penetrates deeply during the massage, providing a sensation of serenity and intense well-being. The pebbles, soft to the touch, glide delicately over the skin, bringing about total relaxation of the body. Dive into an enveloping experience where the fusion of warmth and softness transports you to a state of absolute relaxation.



Suitable for all



Deep warmth, serenity, relaxation

60
MIN

125€

The Candle

It offers a warm and fragrant moment of relaxation. The wax, once melted, leaves the skin satiny and soft, while its unique texture allows for enveloping and deep movements. The comforting warmth and captivating scents create a soothing escape for body and mind.

30
MIN

78€

45
MIN

92€

60
MIN

126€



Suitable for all



Warm, fragrant, deep



Well-being for the future mother

Specially designed for expectant mothers seeking relaxation, suitable from the 12th week up to the 8th month of pregnancy. This gentle and soothing treatment is designed to accompany every stage of pregnancy, providing a moment of relaxation and well-being tailored to the specific needs of expectant mothers.



For mothers from 3 to 8 months



Gentle, soothing, suitable

45
MIN

89€

Our specific massages

The spirit of the goddess - signed Douces Angevines

Babylonian ritual inspired by ancient techniques, this massage harmonizes body and mind. Figure-eight movements, symbolizing infinity, travel across the body and end delicately on the face. Performed with **olea antica** oil, this treatment envelops the body in a nourishing and protective veil, restoring balance and inner connection.



Suitable for all women



Inner journey, cosmic energy, harmony



60
MIN

116€

Crystal Serenity Stopover - signed Kedma

A complete massage combining the gentle touch of the practitioner's hands and the virtues of crystals. This fusion soothes physical and emotional tensions, rebalances the body's energies (chakras) for a deep sense of well-being and total harmony between body and mind.



For open-minded individuals seeking serenity.



Well-being through crystals, rebalancing body and mind, relaxation, face and body

90
MIN

146€



Cocoon of Self - signed Douces Angevines

This gentle and attentive body treatment is performed with various body oils. The enveloping movements are followed by the application of warm towels that wrap you like a cocoon. The body relaxes, the mind calms—it's a true journey within, to rediscover the lightness of a butterfly.



All skin types



Harmonizing body massage.

60
MIN

116€

Balinese Massage

A subtle harmony between stretches, slow strokes, and deep drainage, offering a unique sensory experience from head to toe. This technique provides a feeling of well-being and relaxation, where every movement helps restore inner balance.



Suitable for all



Stretching, harmonizing, relaxation

60
MIN

125€

Lomi-Lomi Massage

Also known as Hawaiian massage, it offers a powerful and enveloping experience, as gentle and rhythmic as the dance of the waves. Its uniqueness lies in the long forearm strokes, creating a sensation of fluidity and deep connection. Dive into this sensory dance where strength and gentleness combine for total relaxation from head to toe.



Suitable for all



Powerful, enveloping, rhythmic

60
MIN

125€



Little beauty moments

Hand beautification

Cuticle pushing, nail shaping, application of cream and strengthener.

20
MIN
35€

Plant-based Calluspeeling

Foot repair, patch application, cuticle pushing, nail shaping, removal of calluses

30
MIN
55€



Semi-permanent polish

For the hands 30 MIN 36€

For the feet 30 MIN 41€

Removal 20 MIN 21€

Classic polish

For the hands 16€

For the feet 17€

The waxing

Eyebrows 15 MIN 9€

Lips 15 MIN 9€

Chin 15 MIN 9€

Arms 30 MIN 17€

Armpits 15 MIN 13€

Half-legs 20 MIN 18€

Full legs 30 MIN 29€

Classic bikini 15 MIN 13€

Brazilian bikini 20 MIN 18€

Semi-full bikini 25 MIN 23€

Full bikini 30 MIN 30€

Waxing packages

Half-legs, armpits, and classic bikini 45 MIN 38€

Full legs, armpits, and classic bikini 45 MIN 43€

Supplements Brazilian bikini +5 MIN 7€

Semi-full bikini +10 MIN 9€

Full bikini +15 MIN 13€

We recommend booking your treatments in advance and **invite you to arrive 10 minutes before your appointment time** in order to fill out a mandatory health questionnaire beforehand and settle in peacefully, so you can fully enjoy your moment of relaxation.

Unfortunately, any delay on your part will reduce the duration of your treatment. **All cancellations must be made 48 hours in advance and in writing.** In case of no-show or late cancellation, **the full amount of the treatment will be charged.**

Our treatments and massages are in no way therapeutic or medical. They are dedicated to well-being, relaxation, and rest.